

# Large Format Exhibition Guide

cwrdd â mi wrth yr afon

25 June - 28 August 2022

Project Space

Inspired by networks that occur in nature which enable communities of plants and wildlife to thrive, share nourishment and send cross species alerts, cwrdd â mi wrth yr afon aims to intersect, overlay and highlight connecting threads between art, the land and people living in North Wales.

Gradually taking shape as a regular club represented by local communities of Conwy, native plants and artist Frances Disley, cwrdd â mi wrth yr afon has been active since spring 2022 as a nomadic collaboration between human and non-human networks connected via the afon Conwy and its tributaries.

During the programme, the club took part in rural encounters in Capel Curig, Coed Hafod and RSPB Conwy, and workshops at Menter Iaith, Llanrwst and Conwy Culture Centre, where the club slowed down and exchanged knowledge and histories with and around the plants living in the three sites.

This summer, cwrdd â mi wrth yr afon will inhabit the Project Space and invites the wider public into the project through a presentation of film, sculpture, textiles and participatory activities.

The Project Space is partitioned into two areas. The first half, a darkened room presenting a single channel film and audio work titled Gwlyptir Coetir Rhostir Coetir Gwlyptir / Wetland Woodland Heath Woodland Wetland, presents a vignette that communicates on behalf of the three landscapes cwrdd â mi wrth yr afon encountered on its journey. Starting from the Conwy Bridge, the film ventures south along the length of the river towards Capel Curig, and then makes its return down the river, leaving the viewer back to the point of origin in Conwy as a form of

guided meditation.

Moving around the corner of the partition wall, the viewer will find themselves in a lightened space filled with resources and watercolour paints from pigments made with gorse, oak, alder catkins, beech, larch cones and spruce bark collected during the rural encounters. Alongside these paints, are jewellers loops which provide x10 magnification for the public to use to get closer to the displayed work and wild native plants growing around them.

These activities are also situated amongst a body of collaboratively produced works made with cwrdd â mi wrth yr afons members.

Making use of a variety of dehydrated plants collected during the project, the club have produced May crowns, a painted map of the River Conwy, clay sculptures and wild plants sown from seed. These works frame a second film work titled yr hyn sy'n tyfu lle rydym yn crwydro / what grows where we wander which represents the human voices of cwrdd â mi wrth yr afon and the shared histories that connect the club members to the lands visited during the project.

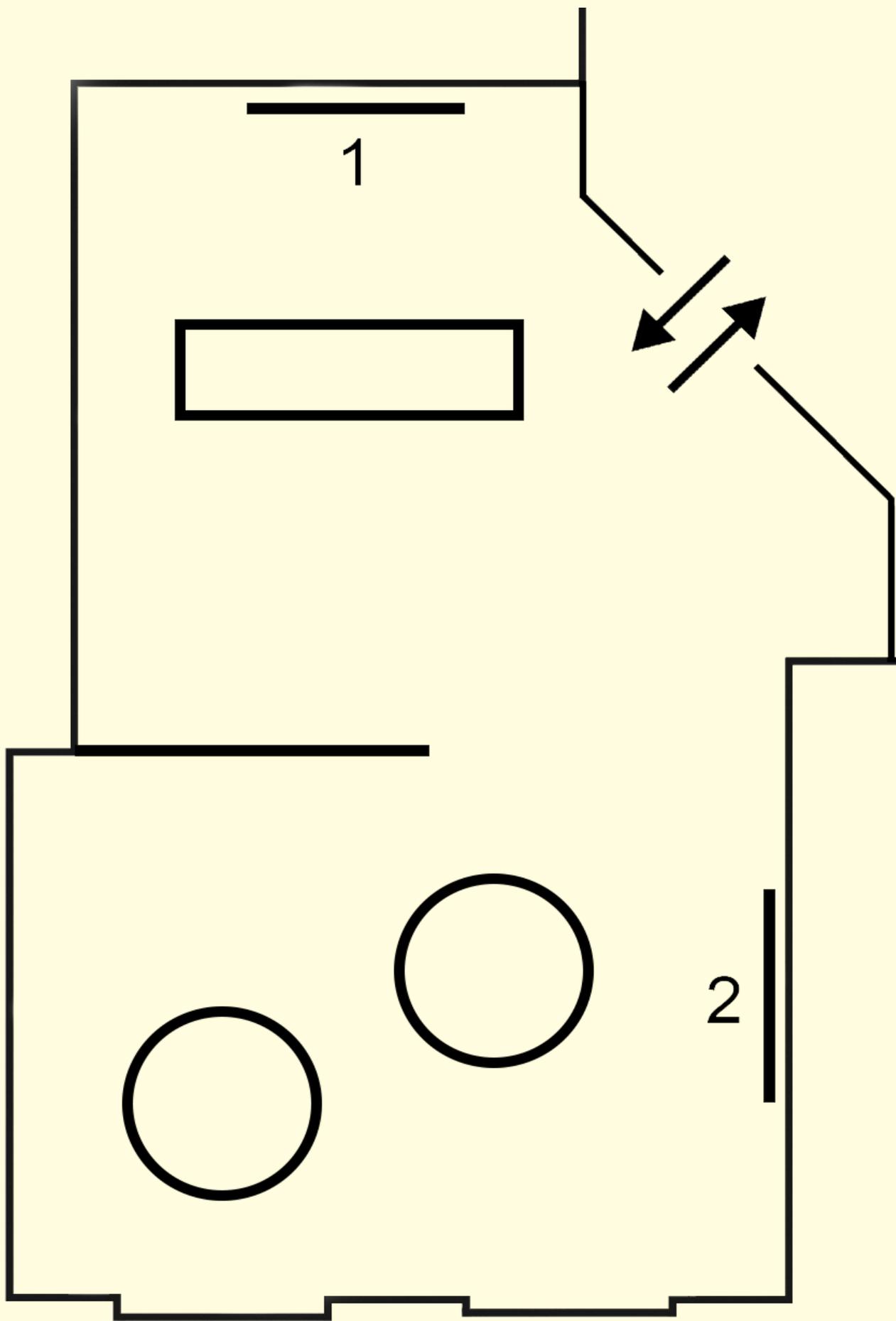
MOSTYN offers its sincere thanks to all the cwrdd á mi wrth yr afon collaborators: Iona, Myfanwy, Sheila, Lynzi, Irene, Janey, Mair, Eirlys, Sharon, George, Jim, Delyth and Rhiannon.

# About the Artist

Frances Disley is a multidisciplinary artist based in Liverpool with a practice that spans sculpture, participation, performance and installation. Disley is influenced by the therapeutic effect that art, and even individual objects, can have on mood, whether it's the calming fragrance of a geranium leaf, or the smooth, time-whittled surface of a pebble clasped in your palm.

Recent Exhibitions, projects, films and performances include:

Refractive Pool, The Walker Art Gallery, Liverpool 2022; New things appear where the goddess walks, Abingdon Studios Project, Blackpool, 2022; UnNatural History, commissioned by Invisible Dust, The Herbert Gallery, Coventry 2021; Nature Cure, A Spode Rose Garden Residency, Stoke on Trent, 2021, The Turnpike Centre Garden, The Turnpike Gallery, Leigh 2021; Real Estate Residency, Bostonway, Leftcoast, Blackpool; 2021/22; Epic Luxe, The Turnpike Gallery, Leigh 2020; Freshly Cut Grass, Human Libraries, Rule of Threes, Bootle 2020/21; Pattern Buffer, Bluecoat Gallery, Liverpool, 2020; Crossings, Complex, Dublin, 2020; Thumbs Up, Castlefield Gallery, Manchester; 2020, Cucumber Fell in the Sand, Humber Street Gallery, Hull, 2019; Tripleflex, Bluecoat, Liverpool, 2019; Solo Show, OUTPUT Gallery, Liverpool; 2019, Inner Landscapes, Hilbert Raum, Berlin, 2019; Residency – Activation #1 Turnpike Gallery, Leigh, 2019; We Are Where We Are, Baltic 39, Newcastle, 2018; Mustard Blanket; Grampian Hospital Arts Trust, Aberdeen, 2018, “RRR”, live interactive performance/dance/workout/ installation and single channel video, part of At the Library, commissioned by Sefton Libraries, Netherton Activity Centre, Liverpool (2018); “R&R”,



# List of works

1. Gwlyptir Coetir Rhostir Coetir Gwlyptir /  
Wetland Woodland Heath Woodland Wetland, 2022  
Video, 7 min 36 sec,  
Artist: Frances Disley  
Camera and editing: George Ellis  
Featuring: Afon Conwy, Capel Curig, Coed Hafod, RSPB Conwy
2. yr hyn sy'n tyfu lle rydym yn crwydro /  
what grows where we wander, 2022  
Video, 9 min 32 sec  
Artist: Frances Disley  
Camera and editing: George Ellis  
Featuring: cwrdd â mi wrth yr afon, Delyth Williams and Jim  
Langley - Natures Works, Afon Conwy, Capel Curig, Coed Hafod,  
RSPB Conwy, Menter Iaith

# List of plants

cwrdd â mi wrth yr afon has moved through heathland, ancient woodland and wetland along the length of the River Conwy. At Capel Curig, Coed Hafod and RSPB Conwy, the club encountered native wildflowers and plants who call these sites their home. During our encounters, local plant specialists Jim Langley and Delyth Williams shared knowledge and interpreted on behalf of the plants, from which we have compiled a list, and in some form, are present in this space with you. You can find out more details of each of these plants by using the books and resources available in the Project Space:

## Capel Curig

Common Welsh Name	Common English Name	Latin Name
Derw Di Goes	Sessile Oak	Quercus petraea
Helygen Mair	Bog Myrtle	Myrica gale
Llarwydd	Larch	Larix decidua
Brwyn	Rush	Juncus alpinoarticulatus
Llygad Ebrill	Lesser Celandine	Ranunculus ficaria
Draenen Ddu	Blackthorn	Prunus spinosa
Mefys Gwylit	Wild Strawberry	Fragaria vesca
Pinwydden yr Alban	Scots Pine	Pinus silvestris
Draenen Wen	Hawthorn	Crataegus

# List of plants

## Coed Hafod

Common Welsh Name	Common English Name	Latin Name
Mwsog Migwyn	Sphagnum moss	Sphagnum
Cneuen Y Ddear	Pignut	Conopodium majus
Llusen goch	Bilberry	Vaccinium vitis-idaea
Suran y Coed	Wood Sorrel	Oxalis acetosella
Blodyn y Gwynt	Wood anemone	Anemone nemorosa
Botwm crys or Serenllys	Lesser stitchwort	Stellaria graminea
Clychau'r Gog	Bluebell	Hyacinthoides italica
Rhedyn	Fern	Pteridium aquilinum
Derw	Oak	Quercus canariensis
Ffawydden	Beech Tree	Fagus sylvatica

# List of plants

## RSPB Conwy

Common Welsh Name	Common English Name	Latin Name
Blodyn taranau	Red Campion	<i>Silene dioica</i>
Cegid y dŵr	Hemlock Water - dropwort	<i>Oenanthe crocata</i>
Pys-y-ceirw	Common Bird's - foot-trefoil	<i>Lotus corniculatus</i>
Aethnen	Aspen	<i>Populus tremula</i>
Llysiâu'r cryman	Scarlet Pimpernel	<i>Anagallis arvensis</i>
Llygad doli	Germander Speedwell	<i>Veronica chamaedrys</i>
Mefus gwyllt	Wild Strawberry	<i>Fragaria vesca</i>
Crafanc-y-frân y morfa	Brackish Water - crowfoot	<i>Ranunculus baudotii</i>
Pig-yr-aran y gwrych	Hedgerow Crane's-bill	<i>Geranium pyrenaicum</i>
Y goesgoch	Herb-Robert	<i>Geranium pyrenaicum</i>
Blodau'r llefrith	Cuckooflower	<i>Cardamine pratensis</i>
Tegeirian y wenynen	Bee Orchid	<i>Ophrys apifera</i>
Tegeirian-y-gors deheuol	Southern Marsh-orchid	<i>Dactylorhiza praetermissa</i>
Cedowydd	Common Fleabane	<i>Pulicaria dysenterica</i>

# Existing Networks of North Wales

Since its inception, the ethos of *cwrdd â mi wrth yr afon* was to work with the existing networks of North Wales in order to connect with the plants and the people who live here. This project has been shaped through conversation with local community organisations, environmental agencies and self-organised groups. Though some may not have been directly involved in the final realisation of this project, without this vital network that is actively working to support the wellbeing of local human and non-human communities, this project would not have been possible.

To reciprocate their offerings of knowledge and guidance, we would like the visibility of *cwrdd â mi* in the Project Space to signpost visitors to these organisations and groups in hopes of directing support to their work and causes.

1. Cymdeithas Edward Llwyd is a Welsh-language natural history organisation who run regular nature and environmental activities, including countryside walks, lectures, publications and conservation work. They have worked on collecting and documenting the names of natural species.
2. Well Women Group is a Llandudno based women's support group who offer communal support for women living across the Conwy region through organising activities and events with the support of local community and cultural organisations.
3. Nature's Work is an outdoor education organisation led by Jim Langley which offers specialist guided walks and environmental training courses to explore the landscapes of North Wales and Snowdonia.
4. Delyth Williams is a plant expert and recorder for the Botanical Society of Britain and Ireland based in Denbighshire.
5. Menter Iaith Conwy is one of the 22 Menter Iaith that works throughout Wales to promote and develop the Welsh language locally. Menter Iaith Conwy runs events and activities to provide for, and to promote Welsh experiences. They recently set up offices and rentable communal spaces in the old HSBC building in the heart of Llanrwst.
6. RSPB Conwy is a nature reserve of the Royal Society for the Protection of Birds situated on the east side of the conwy estuary approximately 15 minutes walk away from Llandudno Junction railway station. It covers 47 hectares and protects various habitats for avian and plant life including grassland, scrubland, reedbeds, salt marshes and mudflats.

7. Conwy Culture Centre is located next to the medieval town walls of Conwy, the centre houses the Library, Arts and Heritage Hub, Community Space, Cantŷn and Sensory Garden.
8. Conwy Friends of the Earth is part of a national movement to improve the local environment and supporting local and global efforts to protect the planet. They are actively involved in fighting the spread of Himalayan Balsam, an invasive species of plant which has affected the native ecology of the upper river Conwy.
9. First-Nature is a not-for-profit volunteer-run resource which surveys and shares information on plants, fungi, insects and wildlife in nature reserves across Wales and worldwide. First-Nature is led and run by plant and fungus specialists Sue Parker and Pat O'Riley.
10. Llandudno Museum and Gallery's collection tells the story of Llandudno over 340 million years covering natural, social and military history as well as offering a range of community and educational activities.
11. Natural Resource Wales is a Welsh Government Sponsored Body and environmental agency that regulates, educates and advises the public, voluntary and governmental sector on matters relating to the protection and preservation of Welsh lands and waters.
12. Cartrefi Conwy, Community Involvement/ Creating Futures teams provide social and wellbeing support for tenants of Cartrefi Conwy, the largest social housing provider in Conwy County Borough.
13. Golygfa Gwydyr is a social enterprise and community led non-profit organisation offering mutual-aid and collective action from their community centre and forest in Llanrwst.
14. Cofnod is the North Wales Information service which brings together a centralised database allowing better access to knowledge of the environment, biodiversity, geodiversity and wildlife across all North Wales counties.
15. Ffiwsar is a cultural producer based in the Conwy Valley which collaborates with communities, experts, artists to realise creative and community projects both small and large scale.
16. Glasdir Library in Llanrwst hosts a flagship children's library designed by Opening the Book and a community hub working with health, third sector and other council partners to offer space and services locally.

17. Incredible Edible Conwy (Bwyd Bendigedig Conwy) is a local community and growing project as part of the national Incredible Edible initiative with plots in Conwy, Llandudno Junction, including a Sensory Garden in Conwy Culture Centre.
18. The Snowdonia Society is a member-based conservation charity that has worked with volunteers, local communities, organisations, businesses and individuals to help look after Snowdonia since 1967.

The Visitor Experience Team are also available to support you if you have any questions or additional access needs.

MOSTYN is always seeking to improve the accessibility of our building and programme. If you have any suggestions of ways we can make your experience more positive you can feedback to our Visitor Experience Team.

You can also give us your feedback by emailing [engagement@mostyn.org](mailto:engagement@mostyn.org) or by telephone on 01492 879201.

---

## OPENING TIMES

### GALLERY

Tue - Sun: 10:30 - 17:00

### SIOP

Tue - Sun: 10:30 - 17:00

### CAFE

Tue - Sun: 10:30 - 17:00

## CONTACT US

### ADDRESS:

MOSTYN, 12 Vaughan Street,  
Llandudno, LL30 1AB  
Wales, UK

FACEBOOK: [mostyngallery](#)

TWITTER: [mostyn\\_wales\\_](#)

INSTAGRAM: [mostyngallery](#)

Email: [post@mostyn.org](mailto:post@mostyn.org)

Phone: +44 (0)1492 879 201

Supported by:



# Art Fund\_

Thanks to the regular support of:

